

# VUKA uzenzele

**Wake up, and do it for yourself !**

*VUKA Teams give live demonstrations of cooking & heating with simple, D.I.Y, alternative energy technologies and endeavour to change thinking and cooking habits by implementing on-going follow-up Cooking Clubs and information exchange opportunities.*

Dear Friends, November 2012

We are so grateful for your on-going enthusiasm and support. We hope this finds you full of the joys of SPRING, with those of you in the Overberg especially relieved to see De Bos Dam full to overflowing!

In this time of renewal, changes are afoot in Vuka to streamline operations and maximise our impact to low-income households in the greater Hermanus area. Eskom has just applied for a 16% price increase every year for the next 5 years; effectively doubling what we now pay for electricity in year 5. Whether you have electricity in your home or not, these price hikes will affect all of us dramatically.

Zwelihle RDP remains our centre of operations, and we are grateful to Milly Rink and her team for making this space available for our use. Lidia & Sylvia have trained a new woman called Buyiswa. The three of them have been giving demos at the Clinic, and requests for some home-demonstrations

## **FUNdraising Course** with Frank Julie

Elma and Lucie were fortunate to attend this very informative course run by Whale Coast Conservation (WCC). Frank (pictured, below) is an impassioned speaker, with an enviable track record raising funds in local NGOs and NPOs.

We now see fund-raising with a new eye, and look forward to putting this new vision into practice.

The course was an excellent forum for networking with other groups operating in this area. Thank-you WCC for giving us this opportunity!



have come from these.

The clinic is a wonderful forum for live demos, and the Vuka team are made very welcome by the nurses and admin staff – who line up for a hot treat from the blanket wonderbox!

The audience is mixed ages and sexes, and comments & questions are lively. Children and adults alike enjoy the “show” and are astounded at the simplicity of the solutions to their everyday energy problems. If you know of any person or group who would like a demo, please contact us.



Florentina & Lidia training



Lidia & Candle of Hope



Svlvia & sleeping bag



Vuka attended the debate on Nuclear vs Renewables hosted by the Hermanus Business Chamber, Ratepayers & WCC at the Municipal auditorium. An excellent panel of speakers chaired by Lance Greyling, and prodded by insightful questions from the floor – made for an enlightening morning. We had a table to exhibit & talk about our wares and project and many new friends were made.

We would like to thank Rodney and Ebeline of Gateway Centre for their exceptional support. This past month they have donated a much-needed wheelbarrow; stationery, printing & laminating; a huge pile of bricks for portable rocket stoves, and many hours of encouragement & expertise.

A huge Thank-you to **Red Cross** for their contribution which helps our teams to continue spreading information on fire safety and good nutrition. Vuka's energy-saving methods not only help to reduce air pollution but also mitigate respiratory diseases.

Thanks again to all, we welcome your input and comments!

Go well

the VUKA TEAM.



#### November Energy Saving Tip

Summer weather is back - a good time to turn down the thermostat on the geyser. Better still, switch off the geyser and you will find you only need to switch it on every 2 or 3 days for a few hours! This is even more effective if you have an insulating blanket on your geyser. These cost about R120 and are made from recycled plastic PET bottles.

#### HOW TO CONTACT US

Vuka Website: <https://www.vukaenergysavings.co.za>

Elma Hunter: TEL: 028 341-0372

CELL: 082 892-9507

EMAIL: [elmian@iafrica.com](mailto:elmian@iafrica.com)